

Patient Health History

In order for us to obtain a complete medical history, it is important for you to fill out this form as completely as possible. **Please fill out each item.** It is important for the doctor to know that you have carefully reviewed each area on this form. This information will be entered into our computer.

Patient Last Name: _____ First Name: _____ Middle Initial: _____

Date of Birth: _____ Social Security Number: _____ - _____ - _____

Male ____ Female ____ Race ____ Pharmacy (include location): _____

Primary Care Physician (Required) _____

Referring Physician if different from Primary Care Physician: _____

*Please list Physicians who are treating you and the reason:

Dr. Full Name	Condition being treated

*Are you taking any medication now? (includes prescription, over-the-counter or herbal medications)
 Yes __ No __ If yes, please list below (include dosage)(If more space is needed please use blank sheet)

Medication Name	Dosage	How often?	Prescribing Physician

*Are you allergic to any medications? No ____ Yes ____ If yes please list below

Medication	Type of Reaction

*Please list any other allergies you may have:

*Are you allergic to things that touch your skin, such as latex, tape, metal? Yes ____ No ____
 If yes please check appropriately: ____ latex ____ tape ____ metal

*Have you or anyone in your family ever been Diagnosed with any major health problems? Including but not limited to:

CHILDHOOD DISEASES:

Measles	Yes ____	Year? ____	Reflux	Yes ____	Year? ____
German Measles	Yes ____	Year? ____	Hepatitis	Yes ____	Year? ____
Mumps	Yes ____	Year? ____	Hernia	Yes ____	Year? ____
Scarlet Fever	Yes ____	Year? ____	Pancreatitis	Yes ____	Year? ____
Diverticulitis	Yes ____	Year? ____	Stomach ulcer	Yes ____	Year? ____
Cancer	Yes ____	Type: _____			Year? ____

KIDNEY AND GENDER PROBLEMS:

Renal failure Yes ___ Year? ___ Prostate enlargement Yes ___ Year? ___
*Are you pregnant? Yes ___ No ___

EYES:

Cataracts Yes ___ Year? ___ Glaucoma Yes ___ Year? ___
Retinal Detachment Yes ___ Year? ___

EARS:

Hearing loss from aging, Yes ___ Year? ___ Hearing loss from trauma Yes ___ Year? ___
Hearing loss unknown cause Yes ___ Year? ___

SKIN & BREAST:

Psoriasis Yes ___ Year? ___ Shingles Yes ___ Year? ___

BRAIN & NERVOUS SYSTEM:

Epilepsy Yes ___ Year? ___ Stroke Yes ___ Year? ___

HEART & BLOOD VESSELS:

Angina Yes ___ Year? ___ Cerebro Vascular Accident Yes ___ Year? ___
Heart Attach Yes ___ Year? ___ Heart Disease Yes ___ Year? ___
High Blood Pressure Yes ___ Year? ___ Pericarditis Yes ___ Year? ___
Blood clots in Arms or Legs Yes ___ Year? ___

GLANDS, HORMONES & SUGAR CONTROL

Diabetes (type ___) Yes ___ Year? ___ Goiter Yes ___ Year? ___
Thyroid deficiency Yes ___ Year? ___ Thyroid excess Yes ___ Year? ___

BLOOD & LYMPH NODE PROBLEMS:

Anemia Yes ___ Year? ___

LUNGS & RESPIRATORY:

Tuberculosis Yes ___ Year? Asthma Yes ___ Year? Chronic Bronchitis Yes ___ Yr. ___

STOMACH & DIGESTIVE:

Cirrhosis or enlarged liver Yes ___ Year? ___

ALLERGIES, IMMUNE & INFECTIOUS PROBLEMS:

HIV Yes Year? ___

OTHER (Please Specify): _____

SURGERIES AND HOSPITALIZATIONS:

Have you been hospitalized (not for surgery) No ___ Yes ___

If yes, list hospitalizations, the reason and the date: _____

Have you had any surgeries No ___ Yes ___

If yes, list any surgeries and dates: _____

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BACK PAIN

___ Upper Back, what part of the upper back? _____

Above the level of the shoulder blades? ___ Midline ___ Right ___ Left

At the level of the shoulder blades? ___ Midline ___ Right ___ Left

Below the level of the shoulder blades? ___ Midline ___ Right ___ Left

Does the upper back pain radiate to the chest wall? ___ Yes ___ No

___ Lower back, what part of the lower back? _____

What is the quality (description) of the pain?

___ Aching ___ Electric Shock type ___ Sharp ___ Other, Describe: _____

___ Burning ___ Gnawing ___ Stabbing

On a severity of scale of 1-10 (1 being little pain at all and 10 being intolerable) my pain is a: _____

Measure the severity of the pain regarding how it affects your daily activities:

___ Mild – I am aware of it when present but it doesn't interfere with daily activities

___ Moderate – when present it interferes only with some daily activities

___ Severe – when present it interferes with most, but not all, daily activities

___ Very severe – when present I am unable to carry out any daily activities

Other description of severity: _____

Are you experiencing the pain now? ___ Yes ___ No

How long have you had the pain? _____

Are you experiencing hip or leg pain? ___ Yes ___ No

___ Left leg ___ Right leg ___ Both legs

Where is the hip or leg pain located?

___ Hip ___ Groin area ___ Thigh ___ Knee ___ Lower leg

___ Ankle ___ Feet ___ Toes

What is the quality (description) of the pain?

___ Aching ___ Burning ___ Cold sensation ___ Hot sensation ___ Stabbing ___ Weakness

___ Gnawing ___ Numbing ___ Heavy sensation ___ Electric shock ___ Tingling ___ Pins/Needles

Where did problem first occur?

___ Around the house ___ Recreation ___ School ___ Fall ___ Unknown

___ Injury on the job?

Date of accident: _____

Description of accident or injury: _____

Was it reported to workman's comp? ___ Yes ___ No

Are you out of work due to the accident or injury? ___ Yes ___ No

___ Motor vehicle accident?

Date of accident: _____

Circumstances of accident: _____

Is there litigation pending due to accident? ___ Yes ___ No

List any factors that aggravate the pain: _____

List any non-medical factors that relieve the pain: _____

Do you have sleep disturbance? Yes No

List any previous tests you have had for this problem: _____

List any previous treatments you have had: (home remedies, physical or occupational therapies, acupuncture or acupressure or acupuncture therapies, massage therapy, etc) and their effectiveness: _____

List any medications you have tried for this problem and their effectiveness: _____

Serious Injuries:

Have you ever had a serious injury such as head, neck, back or other injury? Yes No

If yes, list and describe the type of injury and when it occurred: _____

Family History:

Heart Disease: Mother Father Brother Sister

High Blood Pressure: Mother Father Brother Sister

Brain & Nervous:

Dementia Neurotube disease Stroke Mother Father Brother Sister

Lungs & Respiratory: Mother Father Brother Sister Lung cancer Asthma

Blood & lymph node: Mother Father Brother Sister Bleeding/Clotting problem

Bones, Joints, Muscles: Arthritis Mother Father Brother Sister

Osteoporosis Mother Father Brother Sister

Social History:

Place of employment: (if any) _____

Occupation: _____ Check here if you are retired Marital status _____

Have you ever used tobacco in any form? Yes No If yes, please complete the following:

Type of Tobacco	From year	To year
Cigarettes per day: _____		
Other: (list type) _____		

Are you exposed to second hand smoke? Yes No

Have you ever used alcohol in any form? Yes No If yes, please complete the following:

Type of Alcohol	From year	To year
Beers per wk: _____ Wine (glasses) per wk: _____		
Other: (list type)		

Hand dominance: Right Left

Living setting: Alone Spouse Children Mother Father Nursing Home

Assisted living Other: _____

General Health: List any problems you have or have had in the following areas:

(Fatigue, Fever, Unintentional weight loss, Unintentional weight gain, or other problems) _____

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Eye and Ear (loss of vision, hearing loss, ringing in the ears, or other problems): __ Yes __ No

If yes, please list: _____

Mental and Emotional health problems (nervousness, depression or other problems): __ Yes __ No

If yes, please list: _____

Brain or Nervous system problems (difficulty remembering, loss of consciousness, seizures or other problems)

__ Yes __ No If yes, please list: _____

Bones, Joints and Muscle problems (painful joints, loss of muscle strength, swelling of joints, numbness/tingling):

__ Yes __ No If yes, please list: _____

This information is very important for us to have for your treatment. Thank you very much for filling out these forms as completely as possible.